

Bwydlen Safle Bro Dur

	Week 1	Week 2	Week 3
Monday	Bolognaise with garlic Bread Pasta or Jacket Sweetcorn, peas or Salad *Artic Roll	Cheese and tomato Pizza Cajun wedges Sweetcorn, salad or coleslaw *Ice cream or fruit	Burger in a bun with Homemade Wedges Peas or salad *Chocolate sponge and custard
Tuesday	Chicken curry with rice and pitta bread Salad and mixed vegetable * Yoghurt	Chicken and Pasta bake in tomato sauce with garlic bread Peas or salad *Cornflake crispy	Macaroni cheese pasta With cheese sauce OR tuna. sweetcorn & new potatoes *Jelly or fruit
Wednesday	Roast Beef, Yorkshire Pudding and gravy Roast or Mash Potatoes, peas or carrots *Cheese and biscuits	Sausage & Yorkshire Pudding onion gravy Mixed vegetables Mash potato or roast *Jelly or fruit	Roast Turkey, stuffing and gravy Roast or Mash,Cabbage, carrots or peas *Cheese and biscuits
Thursday	Corned beef or cheese and onion pasty Sauté Potatoes Beans or Salad *Chocolate whip pot	Minced beef Hot pie Sweed and potato mash Peas or salad * Fruit sponge	Sweet and sour chicken Rice or noodles Stir fry vegetables *Donuts
Friday	Fish Finger & Chips Peas or salad and coleslaw *Large cookie	Mini Battered Fish & Chips Beans, peas Salad coleslaw *Large cookie	Breaded fish & Chipped potatoes Beans or Salad *Large Oat cookie

Available daily: - ● Fresh Fruit ● ● Seasonal Salads ● A daily choice of sandwiches

Occasionally, for reasons beyond our control, the menus may have to be changed at short notice