## Bwydlen Mehefin 2021 Ysgol Gymraeg Ystalyfera Bro Dur Safle Bro Dur Campus Menu September 2021

	Week 1	Week 2	Week 3
Monday	Bolognaise with garlic Bread	Cheese and tomato Pizza	Burger in a bun with Homemade Wedges
	Pasta or Jacket	Cajun wedges	Peas or salad
	Sweetcorn, peas or Salad	Sweetcorn, salad or coleslaw	*Chocolate sponge and custard
	*Artic Roll	*Ice cream or fruit	
Tuesday	Chicken curry with rice and pitta bread	Chicken and Pasta bake in tomato sauce with	Macaroni cheese pasta With cheese sauce
	Salad and mixed vegetable	garlic bread Peas or salad	OR tuna. sweetcorn & new potatoes
	* Yoghurt	*Cornflake crispy	*Jelly or fruit
Wednesday	Roast Beef, Yorkshire Pudding and gravy	Sausage & Yorkshire Pudding onion gravy	Roast Turkey, stuffing and gravy
	Roast or Mash Potatoes, peas or carrots	Mixed vegetables Mash potato or roast	Roast or Mash, Cabbage, carrots or peas
	*Cheese and biscuits	*Jelly or fruit	*Cheese and biscuits
Thursday	Corned beef or cheese and onion pasty	Minced beef Hot pie	Sweet and sour chicken
	Sauté Potatoes Beans or Salad	Swede and potato mash Peas or salad	Rice or noodles Stir fry vegetables
	*Chocolate whip pot	* Fruit sponge	*Donuts
Friday	Fish Finger &Chips	Mini Battered Fish &Chips	Breaded fish &Chipped potatoes
	Peas or salad and coleslaw	Beans, peas Salad coleslaw	Beans or Salad
	*Large cookie	*Large cookie	*Large Oat cookie

Available daily: - • Fresh Fruit • • Seasonal Salads • A daily choice of sandwiches

Occasionally, for reasons beyond our control, the menus may have to be changed at short notice

	Week 1	Week 2	Week 3
Week commencing (Monday)	6/9/21, 27/9/21, 18/10/21,	13/9/21, 4/10/21, 1/11/21,	20/9/21, 11/10/21, 8/11/21,
	15/11/21, 6/12/21	22/11/21, 13/12/21	29/11/21